

March 2014

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 3:15-5:30 PM Workout # 29	4 6:25-7:50 AM 3:15-4:20 PM Workout #30 (SW#7)	5	6 6:25-7:50 AM 3:15-4:20 PM Workout #31 (SW#8)	7 6:25-7:50 AM 3:15-4:20 PM Workout #32	8
9	10 3:15-5:30 PM Workout # 33	11 6:25-7:50 AM 3:15-4:20 PM Workout #34 (SW#9)	12	13 6:25-7:50 AM 3:15-4:20 PM Workout #35 (SW#10)	14 Optional day 9:00-10:15 AM	15
16	17 NO PRACTICE	18 6:25-7:50 AM 3:15-4:20 PM Workout #36 (SW#11)	19	20 6:25-7:50 AM 3:15-4:20 PM Workout #37 (SW#12)	21 6:25-7:50 AM 3:15-4:20 PM Workout #38	22
23	24 3:15-5:30 PM Workout # 39	25 6:25-7:50 AM 3:15-4:20 PM Workout #40 (SW#13)	26	27 6:25-7:50 AM 3:15-4:20 PM Workout #41 (SW#14)	28 6:25-7:50 AM 3:15-4:20 PM Workout #42	29
30	31 3:15-5:30 PM Workout # 43					