This letter contains information for the Jesuit Junior Varsity (JV) Basketball Winter Season 2021-2022. Please note: Receiving this letter does not mean you have made the team. This letter is only to help you plan your calendar, gain insight into the basketball program, and to avoid scheduling conflicts if possible. All players must tryout for the team.

<u>Head Coach:</u> Eddie Ralph - <u>Eddie.Ralph@jesuithighschool.org</u>

<u>Assistant Coach:</u> Zach Nelson - <u>Zach.Nelson@jesuithighschool.org</u>

Purpose of JV Basketball: Our goal as coaches, under the leadership of the Varsity Basketball Coach, Tim Kelly, is to teach the game of basketball through fundamentals as well as prepare them to proceed through the program to the varsity level. Learning to win is part of that preparation and thus playing time is earned and not a right. Roles on the team are varied and it is important that each individual is willing to accept their role once it has been established. Roles can change throughout the year, so working to improve is encouraged and the value of practice is important, as for some, this may be their greatest opportunity to perform. The ultimate goal is to learn basketball within the Jesuit system, improve individual skills, build relationships with your peers, and to have fun.

<u>Sign-up JV Questionnaire:</u> Complete the following: <a href="https://forms.gle/8TYZq9iVAdBMo1At9">https://forms.gle/8TYZq9iVAdBMo1At9</a>

<u>Final Forms and Physicals:</u> In order to try out, each athlete must have a physical on file, which you should have done as a freshman, but may need to update depending on the time of your last physical. Physicals are good for 1 year and should be dated after 2/11/21 if you plan to be eligible to play the entire season, if you have a physical dated before 2/11/21 you will need to get a physical during the season and it may affect ability to practice or play. Each athlete and parent must also complete the athletic registration, FinalForms. Access to FinalForms can be found at: <a href="https://jesuiths-ca.finalforms.com/">https://jesuiths-ca.finalforms.com/</a> You will not be able to try out until both of these tasks are complete. Days missed due to these oversights will count as unexcused absences toward your three days of tryouts. **Make sure your son uses his Jesuit assigned email.** 

<u>Tryouts:</u> Tryouts will take place starting November 1 and conclude by November 6. They will take place from 7 to 9 PM in the Fr. Barry Gymnasium. All athletes trying out will meet in the lobby of the gym on day one at 6:30 PM to take care of paperwork and registration issues. Each athlete will be given three days to try out. Any unexcused absence will count towards those three days. Cuts will take place after day three (Nov. 3) and, if necessary, day five (Nov. 6). Please contact coaches in advance if there are any injuries preventing tryouts. With the number of athletes trying out, we ask that parents refrain from entering the gymnasium during tryouts. If still participating in a fall sport, you will be given three days to try-out upon completion of your fall season.

<u>Tryout needs:</u> Monday November 1, 6:30 PM Gym lobby. Be on time, dressed and ready to go at the designated start time. Wear a reversible jersey with a dark and light color if you have one, if not please wear a white or black t-shirt so we can break into teams. Please wear this every

day during tryouts. Players should also bring a water bottle to tryouts as we will not have water available. There is a water bottle filling station in the gym lobby that is available for players if needed.

<u>Areas for evaluation:</u> Knowledge of the game, intensity, anticipatory skills, defensive effort, coachability, attitude, shooting ability, and offensive skills - passing and dribbling, athletic ability, and overall fitness.

Practice Requirements After tryouts and once you have made the team, practices will generally take place Monday through Saturday when games are not scheduled from 6:45 to 8:15 PM on weekdays and midday Saturdays until games start. We will also have weight lifting times twice a week, generally before practice. Throughout the year we will also have meetings for film, game planning and other issues, these meetings will almost always occur before practice. Commitment to play a high school sport is just that, a commitment. Those who plan to travel, play on other sports teams outside of the school, or any other conflict should realize that those are not excused absences and that you are taking away the chance for someone else to participate. You must let the coaching staff know if you have either of these issues in advance of making cuts. Outside competition in basketball is prohibited during basketball season per CIF SJS Bylaw 600. In season, unexcused absences of games and practices may result in subsequent missing of games as we try to reward those who are present. Expectation is to attend all scheduled events.

## Frosh Mandatory-Player Pack and fees:

Cost Total:	\$220
Basketball Program Fee	\$20
Concussion Insurance	\$10
Nike Team Hoodie	\$50
<ul> <li>Nike Long Sleeve Shooting Shirt</li> </ul>	\$30
BSN Reversible Game Uniform	\$110

## Weight Room

Coach Jay Nacionales will lead our strength and conditioning program. Coach Nacionales is an excellent resource for our players. All players and managers (and coaches!) are required to complete a **minimum** of two workouts per week before practice after tryouts are over.

## **Student Activities Fundraiser**

The school's annual Student Activities Fundraiser (email campaign) launched in September 2021 and is still going on.. The money raised is an important source of funding our program. There are individual needs-based scholarships available to help players pay for team fees (travel and player packages). Access to this money is only available to teams and individuals that participate in the fundraiser. Therefore, it is mandatory for all basketball players to participate. Participation will make you eligible to ask for assistance to help pay for your player

package and any team costs. Please make sure you solicited 15 emails if you plan to make a request.

## 2021-2022 Important Dates

- November 1-6, 2021 Tryouts M-W 7-9 pm, F 7-9 pm, S 11 am 1 pm
- 2021-22 JV Schedules: Updated on RepU App or Jesuit Calendar
- 2021-22 Basketball Calendar Will be passed out day one of tryouts
- November 4, 1st Cut, November 6, Final Cut (if necessary)
- November 16 Player package order due
- Holiday schedules:
  - Veteran's Day: Nov. 11
    - Weights 12 1 pm, Practice 1 2:30 pm
  - Thanksgiving Week: Nov. 22-27
    - Practice Monday Wednesday and Friday
    - No practice on Thanksgiving Day
    - Game Saturday vs Woodcreek
  - o Christmas Break: Dec 20 Jan 1
    - Game on Dec. 20
    - Tournament Dec. 21-23
    - Dec. 24-26 off
    - Practice Dec. 27-30 times TBD
    - Dec 31 Jan 2 off

We look forward to getting back on the court with the players. As always, please feel free to contact Coach Ralph (<u>Eddie.Ralph@jesuithighschool org</u>) if you have any questions or concerns.