

Thank you for joining!
Our next session will
begin momentarily.



Jesuit High School

College Information Night

January 5, 2023



Counseling Department

Mrs. Amanda Smith, *Director*

Mrs. Kasey Cardinale, *Wellness Counselor*

Mrs. Sara Alvarez, *Administrative Assistant*

Mrs. Lacy King

Mrs. Angela Harger

Ms. Jennifer Rasmussen

Ms. Kathy Van Liefde

Mrs. Gianna Wheeler

Counselor Caseloads

With a few exceptions, assignments for the 2022-2023 school year are as follows:

Junior

- Adams - G. Brown: *Mrs. Smith*
- N. Brown - Faris: *Ms. Rasmussen*
- Flesoras - Lewis: *Mrs. Harger*
- Lofing - Pham: *Mrs. Wheeler*
- Picazo - Zucker: *Ms. Van Liefde*
- Academic Support: *Mrs. King*

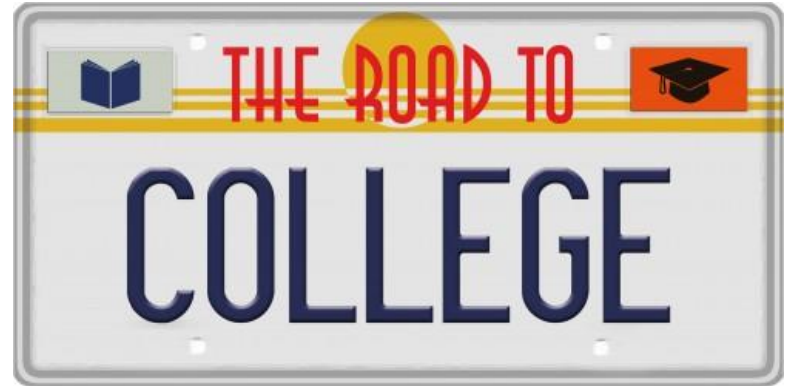
Sophomores

- Anderson - Burton: *Mrs. Smith*
- Calkins - Fuentes: *Ms. Rasmussen*
- Fukui - Mickle: *Mrs. Harger*
- T. Miller - Rogers: *Mrs. Wheeler*
- Rojas - Zamudio: *Ms. Van Liefde*
- Academic Support: *Mrs. King*

<https://www.jesuithighschool.org/counseling-services-directory>

Overview

- **COMPREHENSIVE COLLEGE COUNSELING**
- **COLLEGE SEARCH**
- **TESTING**
- **APPLICATIONS**
- **PAYING FOR COLLEGE**
- **QUESTIONS**



COLLEGE ADVISING

Presented By
Lacy King



JHS COLLEGE ADVISING

- From the start of Freshman Year to the end of Fall Semester of Junior year, students should focus primarily on four things for college admissions:
 - **Challenge** oneself with course load and earn the best possible grades
 - **Get involved!** Take advantage of co-curricular activities and pursue outside interests
 - **Explore** college preferences (Naviance, campus tours, college rep visits, etc.)
 - **Prepare** for the SAT/ACT - Each student will have different testing timelines due to how prepared he is through coursework and testing prep.
-

JHS COLLEGE ADVISING

- Junior Year, begins the **Major College Application Cycle**
 - Building the College List and Resume
 - Opportunities to meet with 100+ College Admission Representatives face to face
 - Building the College List and Resume
 - College Information Night (parents)
 - Junior Spring Collaborations (students)
 - Creating Common App Account and Profile
 - Optional Summer College Application Boot Camp

JHS COLLEGE ADVISING

- Fall Semester of Senior Year
 - Senior Family Meetings for College Admissions
 - Multiple Senior Fall Collaborations
 - College Application Workshops
 - Essay Writing Labs
 - Paying for College Parent Event
 - Open Door Policy for Students
-

COLLEGE SUPPORT + RESOURCES

- Counselors and the Counseling Center
 - Google College Planning Classroom
 - Jesuit High School Counseling Website
 - <https://www.jesuithighschool.org/counseling>
 - Counseling Newsletter
 - New issue every 6 weeks
 - Link available in Parent Weekly Update
-

COLLEGE SUPPORT + RESOURCES

- College Planning Handbook
 - [College Planning Handbook](#)
 - Naviance Student
 - <https://student.naviance.com/jhssac>
 - A Sample of College Internet Websites
 - <https://collegescorecard.ed.gov/>
 - <https://www.californiacolleges.edu/#/>
 - <https://www.collegeboard.org/>
 - <https://www.act.org/>
-

COLLEGE TESTING

Presented By
Kathy Van Liefde



TESTING

➤ SAT or ACT

- Most schools were test optional in the Fall 2022 and are continuing the same practice for the Fall 2023. Please see the link:
<https://www.insight-education.net/list-test-optional-colleges-2022/>
- Traditionally most schools required either the SAT or ACT
- Take the first test in the spring of Junior year
- Re-take as needed (Oct., Nov., Dec. Senior year)

Since most schools accept both the SAT and the ACT - and since the tests are different, we recommend that students take both exams at least once. Practice tests are a great way to do this.

- CSU's and UC's have suspended testing
 - For other universities contact the school
-

Test Blind/Optional/Required

➤ Test Blind vs Test Optional

- <https://www.collegedata.com/resources/prepare-and-apply/test-optional-test-blind-whats-the-difference>
- Test Blind: Test scores are not factored into admissions decisions and the schools will not consider student test scores under any circumstance. The CSU/UC system is test blind.
- Test Optional: If a school or program has a test-optional admissions process, each applicant gets to choose whether or not to submit their ACT or SAT scores. In other words, **submitting your test scores is not a requirement for admissions.**
 - <https://www.collegedata.com/resources/prepare-and-apply/what-is-a-test-optional-college>

➤ Testing Required: SAT or ACT

SAT + ACT: TOP SIMILARITIES

- Both have 4 sections, the optional essay has been cancelled for the SAT
 - No penalty for incorrect answers
 - Multiple choice questions give four options; except for ACT Math section.
 - Both are equally accepted as college admissions tests.
-

SAT + ACT: TOP 5 KEY DIFFERENCES

- The SAT has a greater focus on History & Social Studies passages, while the ACT requires more Science reading.
 - Both focus on Algebra, but the SAT has a greater emphasis on Data Analysis & Problem Solving.
 - The SAT has a No Calculator Math section.
 - The SAT Math section has grid-in questions and a multi part questions.
-

SENDING TEST SCORES

SAT

\$12.00 per score report after the free report time window has passed (9 days after the test).

[How to Send SAT Scores](#)

ACT

\$18.00 per score report after the free report time window has passed (Thursday after the test date).

<https://www.act.org/content/act/en/products-and-services/the-act/scores/sending-your-scores.html>

TESTING AT JHS

Jesuit is scheduled to host the ACT once this spring.

- June 11
- Registration will be completed through the [ACT](#) website
- Off campus testing will be Feb. 11 & April 15

Jesuit is scheduled to host the SAT three times this spring.

- March 12
- May 7
- June 4
- Registration will be completed through the [College Board](#) website.

PRACTICE SAT + ACT TESTS AT JHS

Jesuit hosts the opportunity for our Juniors to take a Practice ACT and SAT prior to their official tests for SAT and ACT. Practice tests are a great way to experience sitting for a full length test and allow students to become more familiar with the pace and questions for each of the different exams; in addition the test takers will receive their private results within a day.

- Practice SAT Date
 - Saturday, Feb. 11, 2023 (online): cost \$10
- Practice ACT Date
 - Saturday, Jan. 28, 2023 (online): cost \$10
 - Please view the January Counseling Newsletter for registration information. Juniors can find this information in their Class of 2023 - Counseling and College Planning Classroom

TEST PREP

- Various options include in-class instruction, individualized tutoring, test prep books or online - whatever method will work best for your student is the right one
 - Khan Academy
 - SAT <https://www.khanacademy.org/sat>
 - ACT Academy
 - ACT <https://academy.act.org/>
 - Revolution Prep
 - <https://www.revolutionprep.com/partners/3193/>
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DIGITAL SAT

- The transition from paper and pencil to digital at US schools and test centers will begin in the spring of 2024
 - <https://satsuite.collegeboard.org/media/pdf/digital-sat-test-spec-overview.pdf>
 - <https://www.princetonreview.com/college-advice/sat-digital-exam>

COLLEGE SEARCH

Presented By
Gianna Wheeler



THE COLLEGE SEARCH PROCESS

1. Explore what is important to you.



2. Use college search tools and experiences.



3. Make your list.



1. EXPLORE WHAT IS IMPORTANT TO YOU

- Things to consider when choosing a college:
 - major, location, housing, support services, public/private, campus life and culture, price.
- Try not to focus on:
 - name recognition, ranking, where your friends are going
- Self assessments are a good place to start.
 - The Self-Discovery tab in Naviance has multiple tools that help explore your strengths, learning style, and career interests.
 - This [College Match Self-Survey](#) helps identify who you are and what you value in a college.

“There are over 4,500 colleges and universities in the U.S.

This is about finding **YOUR** right fit”

2. USE COLLEGE SEARCH TOOLS & EXPERIENCES

- Online college search tools:
 - [Naviance](#): our go-to, counselor-student tool. This is where you will be making your official college list. “Advanced College Search” allows you to search colleges based on unique criteria.
 - [Big Future](#): simple, quick to use filters focusing on location, majors, public/private, campus life.
 - [College Express](#): simple college searches by phrases. For example, “Colleges going green” or “Colleges that are underrated”
- College rep visits: 100+ on Jesuit’s campus during the Fall.
- Campus visits: general vibe, housing, food, social/activities
- College Fairs: in person and virtual advertised on Google Classroom

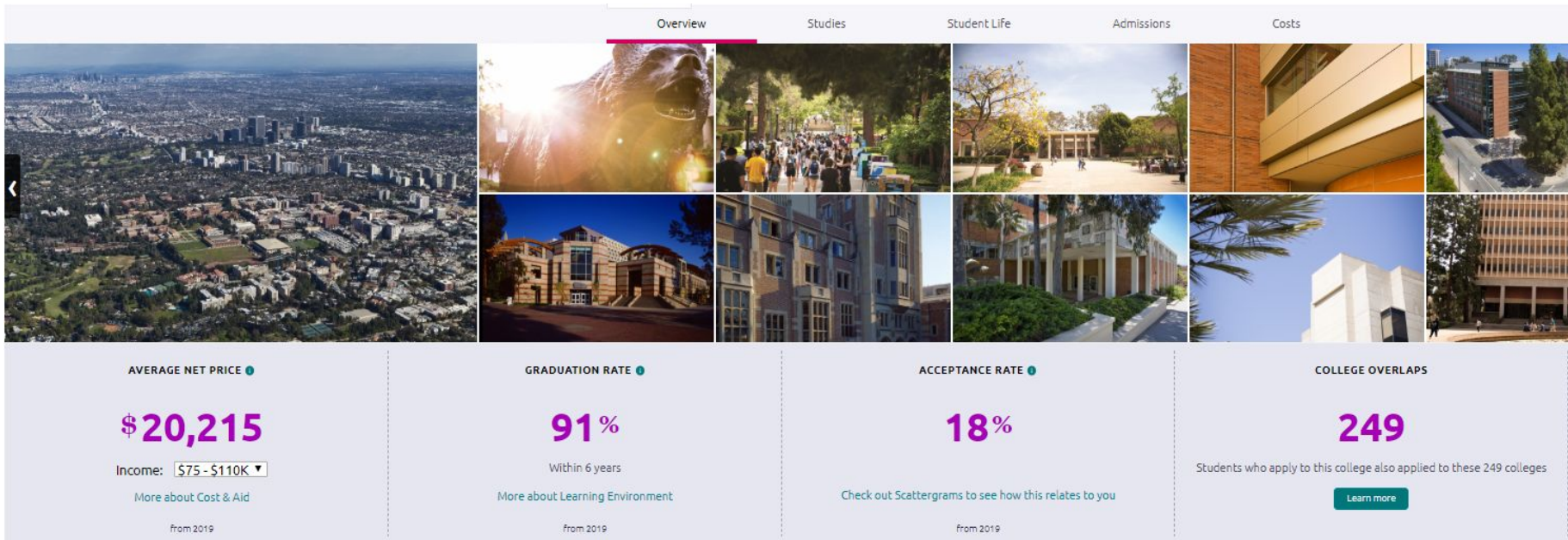
3. MAKE YOUR LIST

- Notice which colleges are coming up repeatedly in your searches.
- Use Naviance’s college search tool to help you create a **balanced “Colleges I’m Thinking About”** list of schools. Consider acceptance rate, avg. GPA and test scores (if applicable) of last year’s incoming freshmen.

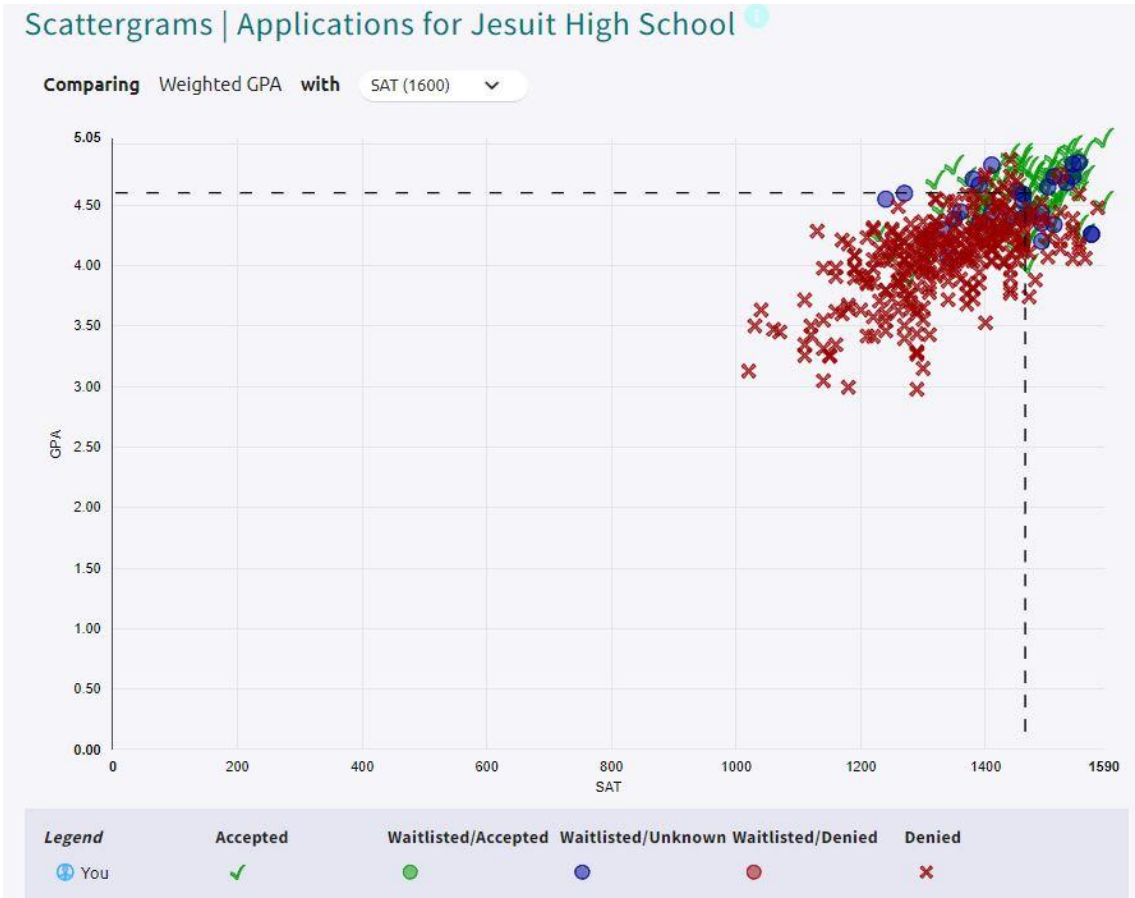
REACH	<ul style="list-style-type: none">● Academically challenging.● Selective admissions. 1-24% acceptance rate.● Potentially high cost of attendance.
TARGET	<ul style="list-style-type: none">● You are likely to be admitted based on your academic profile. 25-75% acceptance rate.● You would be happy to attend that college.● You would not be financially overwhelmed.
PROBABLE	<ul style="list-style-type: none">● You are almost certain to be admitted. 76-99% acceptance rate.● You would be happy to attend that college.● Affordable.

NAVIANCE OVERVIEW: "THE BIG PICTURE"

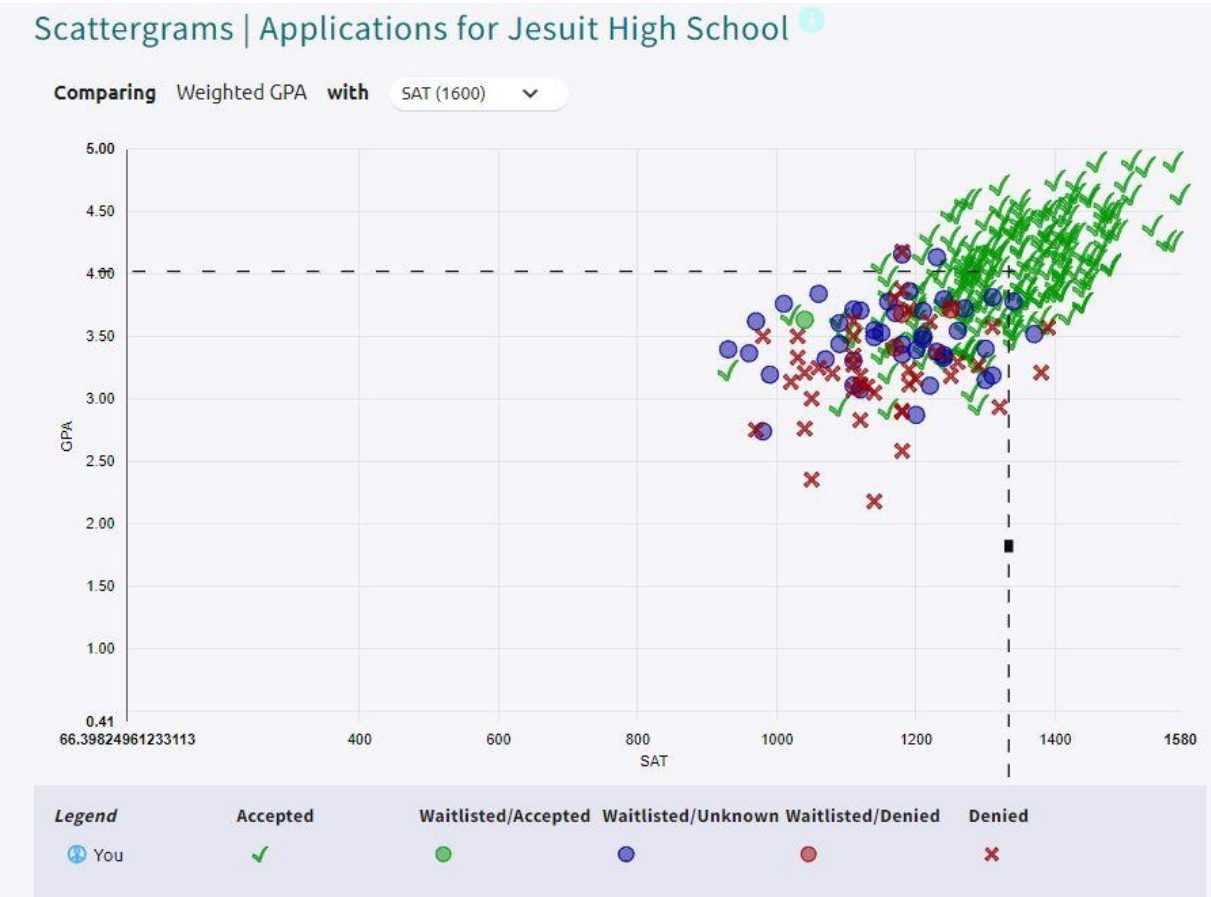
NET PRICE/GRAD RATE/ACCEPTANCE RATE/COLLEGE OVERLAPS



NAVIANCE SCATTERGRAM: UCLA



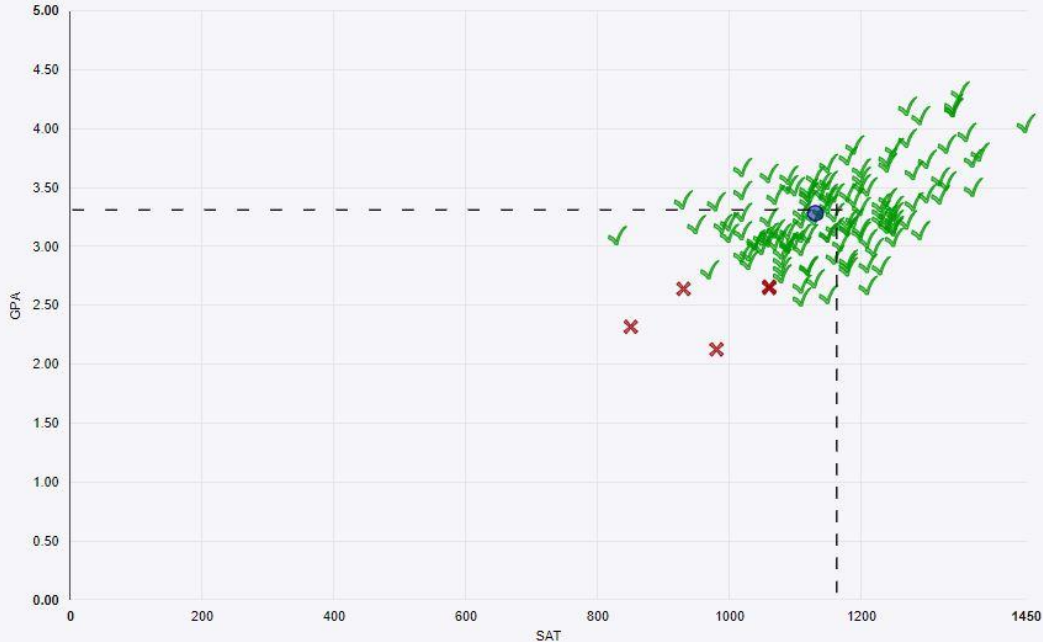
NAVIANCE SCATTERGRAM: LMU



NAVIANCE SCATTERGRAM: BOISE STATE

Scattergrams | Applications for Jesuit High School

Comparing Weighted GPA with SAT (1600)



Legend	Accepted	Waitlisted/Unknown	Denied
You			

MYTH AND ANXIETIES

- I have to get into...
 - The “Prestigious” School
 - The “Right School”
 - The “Ranked School” etc.
- I have to...
 - Take Prep Courses
 - Hire Outside Help
 - Spend Money/Be Anxious

The college search should reveal your RIGHT FIT, and you have the tools!

4000+ schools--and one is right for you!

APPLICATIONS

Presented By
Jennifer Rasmussen



CALIFORNIA STATE UNIVERSITY (CSU)

- First-time freshmen must meet the eligibility requirements: be a high school graduate or equivalent; complete the 15-unit comprehensive “a-g” pattern of college preparatory course; and earn a qualifying “a-g” grade point average of a 2.5 or greater (GPA).
- The California State University (CSU) no longer uses ACT or SAT examinations in determining admission eligibility for all CSU campuses.

https://secure.csumentor.edu/planning/high_school/eligibility_index.asp

- ★ One application for all 23 campuses (pay \$70 for each campus)
 - ★ Filing period opens October 1 - November 30, 2023
- Typically “hands on” and preparing students for careers.

<https://www2.calstate.edu/attend/campuses>

UNIVERSITY OF CALIFORNIA (UC)

- Admission is based on 14 factors which are weighted differently for all 9 campuses.

<http://admission.universityofcalifornia.edu/freshman/how-applications-reviewed/index.html>

- ★ One application for all 9 campuses (pay \$70 for each campus)
- ★ Extracurricular/Volunteer/Job/ 4 Insight questions
- ★ Minimum weighted GPA is 3.0 (10th-11th grades)
- ★ UC will not consider SAT or ACT test scores when making admissions decisions or awarding scholarships.
- ★ Filing period opens August 1/Begin submitting Oct 1 - November 30, 2023
- Known as being well-regarded, selective, research-oriented colleges.

<http://admission.universityofcalifornia.edu/>

COMMON APP

- Over 900 private and out of state public universities use the Common Application with more out of state public universities joining each year. Cost varies from FREE to \$90 per college.
- Application is OPEN for juniors to begin now (except for essay/questions).
 - Roll over 8/01/23
- “Holistic” review - Five page application
- At least one essay along with “supplemental” essays for each college.
 - <https://www.commonapp.org/blog/2022-2023-common-app-essay-prompts>
- Counselor AND Teacher recommendations required
- Visit individual college websites for various and specific information pertaining to each college.

JESUIT COLLEGES

28 Jesuit Colleges located in 18 states

- The colleges range from major research universities to comprehensive and liberal arts universities.
- Admission acceptances range for each college. Do your homework!
- Scholarship opportunities for JHS graduates at some, not ALL Jesuit colleges. Each vary with GPA/test scores/leadership. Scholarships are specified on college websites.



WESTERN UNDERGRADUATE EXCHANGE (WUE)

- Agreement between 14 Western States to offer reduced out-of-state tuition for their public schools to residents of member states. Minimum GPA and ACT/SAT test scores vary per college.
- Reduced tuition of up to 150% of institution's regular resident tuition. Tuition (only) can be as low as \$7-8k per semester for WUE members.
- Not all schools and programs participate.
 - [WUE Savings Finder - WICHE](#)
- Example of popular WUE schools for JHS students include: UNR, Boise State, Arizona State, Southern Oregon University.

Example for University of Nevada Reno WUE:

[Undergraduate Student Budgets | Office of Financial Aid and Scholarships | University of Nevada, Reno](#)

HISPANIC SERVING INSTITUTIONS (HSI)

- Hispanic Serving Institutions aim to educate – and graduate – Hispanic students. Hispanic Serving Institutions (HSIs) must enroll student bodies of at least 25% Hispanic full-time and part-time learners to qualify for federal funding and other benefits according to the [Hispanic Association of Colleges and Universities](#) (HACU).
- There are approximately 325 four-year public and private HSIs in the US with more emerging. For example, 21 of the 23 CSU campuses are also HSIs.
 - [HACU List of Hispanic-Serving Institutions](#)
 - [2023 Best Hispanic-Serving Institutions in America](#)

HISTORICALLY BLACK COLLEGES & UNIVERSITIES (HBCU)

- HBCU refers to any accredited institution established prior to 1965 “whose principal mission was, and is, the education of black Americans.” HBCUs are committed to educating all students regardless of their race.

<https://www.bestcolleges.com/features/top-30-historically-black-colleges/>

- Common Black College Application (CBCA)
 - CBCA includes 50 member institutions
 - Applicants submit one common application that is made available to ***all*** member institutions

<https://commonblackcollegeapp.com/>

MILITARY ACADEMIES

- If interested in the Academies - **BEGIN NOW!**
 - To secure an appointment, send for a Pre-Candidate questionnaire in junior year.
 - Apply to each Senator and your Congressman for nomination.
 - Follow all procedures meticulously.
 - See handbook for details.
 - Air Force (For example:
<http://www.academyadmissions.com/admissions/advice-to-applicants/high-school-and-college-students>
-

COMMUNITY COLLEGES

- Cost effective education: California College Promise Program offers free tuition for 2 years (full-time).
 - [Promise Programs | Los Rios Community College District](#)
 - Good place to build your academic credentials to get into a more selective college.
 - Good place if you are not ready academically or socially for the 4 year experience or moving away from home.
 - Application timeline is the same as 4 yr colleges.
 - <http://californiacommunitycolleges.cccco.edu/AlphaList.aspx>
-

NCAA ELIGIBILITY CENTER

- Any student who wishes to be eligible for NCAA Division I or II athletics must register with the Eligibility Center.
 - Forms and NCAA rules are available from www.eligibilitycenter.org
 - We offer an online service for student athletes to track their NCAA Eligibility.
 - The program is called Core Course GPA
<http://www.clearinghousecalculator.org/login.php>
-

Paying for College

Presented By
Angela Harger



MERIT VS NEED-BASED

- Scholarships are typically based on “merit”
 - Academic, fine arts, athletic, leadership qualities
 - Awarded by colleges and universities, organizations, businesses, clubs
 - Requirements for renewal
 - Grants typically based on “need”
 - Awarded by State and Federal government
 - Colleges/Universities
 - Evaluated each year
 - Based on FAFSA and CSS Profile
-

SCHOLARSHIPS

- Largest amount of money usually comes from the colleges in the form of merit based scholarships
- Outside/Private scholarships are posted in Google Classrooms
- Can be stackable



FINANCIAL AID

- FAFSA application opens October 1 (<https://studentaid.gov/>)
 - Every family should file a FAFSA regardless of total income; most institutions use the FAFSA for institutional need-based aid
 - Use the prior, prior year tax information (ex. Tax Filing 2021)
 - Cash for College Workshops <https://www.cash4college.csac.ca.gov/>
 - CSS Profile opens October 1
 - Many private universities will require applicants to fill out a CSS profile for non-federal financial aid
 - Access the CSS Profile through College Board (<https://cssprofile.collegeboard.org/>)
-

ASSESSING STUDENT NEED

A **student's financial need** is calculated as the difference between the cost of attending the school, the **Cost of Attendance (COA)** (minus any expected financial assistance (EFA), such as gifts or outside scholarships) and the amount the student and their family is expected to pay, the **Expected Family Contribution (EFC)**

$$\text{COA} - \text{EFC} = \text{Student Financial Need}$$

EXPECTED FAMILY CONTRIBUTION

The Expected Family Contribution (EFC) is influenced by these factors:

- The amount the student's parents will be asked to pay from income and assets
 - The amount the student can contribute from earnings and savings
 - Family size, age of oldest parent, number of children currently attending college
 - Special circumstances: Health related expenses, loss of property or death in the family
-

FINANCIAL NEED DETERMINATION



U.S. Department of Education

Net Price Calculator Center

← Back to CATC



Q. Do you want to know how much it will cost for you to attend college?

A. Enter the name of a college to find its net price calculator.

What does Net Price mean?

Net Price is the amount that a student pays to attend an institution in a single academic year AFTER subtracting scholarships and grants the student receives. Scholarships and grants are forms of financial aid that a student does not have to pay back.

What is a Net Price Calculator?

Net price calculators are available on a college's or university's website and allow prospective students to enter information about themselves to find out what students like them paid to attend the institution in the previous year, after taking grants and scholarship aid into account.



How do other students describe net price?

Click on one of the student video challenge winners to find out...



Net Price Calculator - Typography Video
by Brian S.



Justin, Remo, Bilyana Net Price Calculator Video
by Michael K., Remo K., John R., Bilyana P.

<https://collegecost.ed.gov/net-price>

NET PRICE

Net Price is the amount that a student pays to attend an institution in a single academic year **AFTER** subtracting scholarships and grants the student receives.

Understanding
Net Price vs Sticker Price

\$45,000 per year	Sticker Price Listed on school's website
- \$20,000 per year	Gift Aid Scholarships, Grants
<hr/>	
\$25,000 per year	Net Price Actual cost to attend

Focus on the NET PRICE not the STICKER PRICE.

NET PRICE CALCULATOR

Estimated Cost of Attendance [?](#)

Tuition & Fees ?	\$ 47,112
Room & Board ?	\$ 13,965
Books & Supplies ?	\$ 1,791
Transportation ?	\$ 837
Personal Expenses ?	\$ 2,331
Estimated Total Cost of Attendance	\$ 66,036

Estimated Grant/Gift Aid [?](#)

Cal Grant	\$ 9,084
SCU Aid	\$ 3,900
Estimated Total Grant/Gift Aid	\$ 12,984

ESTIMATED NET PRICE [?](#) \$ 53,052

Estimated Self Help [?](#)

Student Loan	\$ 5,500
Student Work	\$ 2,500
Estimated Total Self Help	\$ 8,000

ESTIMATED REMAINING COST [?](#) \$ 45,052

Planning how to finance a degree has become a more prominent part of the college application process. It is important to start these conversations with your student early in the process.



WHAT'S NEXT...



STUDENT RESPONSIBILITIES

- Be proactive and start planning early!
 - Build your thoughtfully researched College List
 - Complete your Student Brag Sheet, Resume and update your college list in Naviance
 - Complete your own applications neatly and thoroughly.
 - Keep track of and meet deadlines
 - Send test scores to schools (don't forget your free score reports)
 - Work with your parent to complete the FAFSA
 - **Communication is key!**
 - See your counselor when you have questions!
-

PARENT RESPONSIBILITIES

- Help and support your child, but don't make the decisions for him.
 - Teach your student responsibility - do not apply for them!
 - Complete Parent Brag Sheet in Naviance
 - Be an active participant in helping your son build a researched college list - keep in mind to cost, distance & likelihood of acceptance
 - Determine how much financial assistance you will be able to give and discuss this with him
 - Work with your student to complete the FAFSA
 - Assist your student in keeping track of meeting deadlines
 - Remember this is a marathon not a sprint . . .
-

ESSENTIALS FROM NAVIANCE STUDENT

- **Building the List:** “Colleges I’m Thinking About” leading to “Colleges I’m Applying To”
- **Parent Brag Sheet, Student Brag Sheet, Resume**
 - Used for Counselor Letters of Rec.
 - Requesting Teacher Letters of Rec...give them *time* and any *requested information*
- **Career Exploration**
 - Interest inventories, career clusters
 - Matching majors and careers
- **Self Discovery**
 - Self-awareness assessments and interest surveys



INDIGO PROJECT - March 12th

The Indigo Project will be returning to the Jesuit High School community this spring. Indigo uses an assessment tool to measure and help students develop skills that are critical to student success such as:

- understanding their own behavior styles
- motivators
- resiliency
- creativity,
- teamwork
- self esteem

VALUABLE TOOL TO GUIDE COLLEGE & CAREER PATHS
SPRING WORKSHOP FOR STUDENTS & PARENTS
MORE INFORMATION TO COME SOON!



<https://www.indigoeducationcompany.com/jesuithighschool/>

SUMMER COLLEGE APPLICATION WORKSHOP

Rising Seniors can begin their Senior year with applications and essays completed by attending this summer camp at Jesuit!

Our counselors will help students get a head-start on the college application process to relieve the pressure of Senior Year.

- ONE WEEK BOOTCAMP
- MORNING SESSIONS OFFERED
- SMALL CLASS SIZES
- COURSE SIGN UPS COMING SOON



Register at summeratjesuit.com

Counselor Caseloads

With a few exceptions, assignments for the 2022-2023 school year are as follows:

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Questions?

Thank you for taking the time to join us this evening!
