



# COUNSELING

The philosophy of the Counseling Department is rooted firmly in the Jesuit concept of *cura personalis*; that is, to address the needs of each individual. Therefore, this comprehensive counseling program seeks to meet the personal, academic, college and career needs of our students.

## *Academic*

- **Course selection, graduation requirements, and special placements**
- **Advanced Placement, Honors, Accelerated Courses and Summer School advising**
- **Wednesday morning Collaboration Periods covering study skills, test preparation, academic rigor, etc.**
- **Same counselor throughout all four years**

## *College & Career*

- **Comprehensive college exploration begins freshmen year**
- **Individualized preparation for the college admissions process**
- **Face to face contacts with admission representatives from colleges, universities and academies**
- **College application and essay workshops**

## *Personal & Wellness*

- **Counselors work in collaboration with Wellness Counselor**
- **Individual and/or group counseling**
- **Social-emotional student support**
- **Referral resources in the community**
- **Open door policy for all students**

*The Jesuit High School Counseling Department is committed to following the American School Counselor Association (ASCA) Ethical Standards for School Counselors and National Association for College Admissions Counseling (NACAC) code of ethics and professional practices.*