



WELLNESS

The philosophy of the Counseling Department is rooted firmly in the Jesuit concept of *cura personalis*; that is, to address the needs of each individual. Therefore, this comprehensive counseling program seeks to meet the personal, academic, college and career needs of our students.

Wellness at Jesuit

- Awareness and prevention weeks
- Behavioral health assemblies
- Mental health education
- Crisis intervention and referrals
- Resource to counselors
- Small group counseling
- Open door policy for all students
- Schoolwide commitment to wellness

“Magis is the power to shatter the illusion that we are separate from each other, even when it looks like we’re living worlds apart.”

–Ignatian Spiritual Exercises

Good to know...

The Jesuit High School Counseling Department is committed to following the American School Counselor Association (ASCA) Ethical Standards for School Counselors and National Association for College Admissions Counseling (NACAC) code of ethics and professional practices.