



# Jesuit Marauder's Café

## Monday April 15, 2024

- Breakfast Grill** Sausage Melt, English Muffin, Cheddar Cheese, Cage Free Egg
- Fresh Organic Side** Sautéed Garlic Spinach
- Taste of Italy** Creamy Tuscan Chicken Pasta, Penne, Sautéed Garlic Spinach, Roasted Red Peppers, Cheesy Breadstick
- Kitchen Table** Bacon & Tomato Mac N Cheese, Toasted Garlic Breadstick, Sautéed Garlic Spinach
- Food Truck USA** Braised Beef Grilled Cheese, White Cheddar, Caramelized Onions, House Fried Potato Chips
- Pizza** Bacon, Grilled Chicken, Green Onions, BBQ Drizzle
- After School** House Baked Chocolate Chip Cookie Ice Cream Sandwich

## Tuesday April 16, 2024

- Breakfast Grill** Fluffy Buttermilk Pancakes, Crisp Bacon, Warm Blueberry Syrup
- Fresh Organic Side** Blistered Baby Sweet Peppers
- Global Adventure** Korean Beef Bulgogi, Sautéed Asian Greens, Steamed Jasmine Rice, Pickled Asian Slaw
- Taqueria** Tacos Al Pastor, Grilled Pork & Pineapple, Diced Onions & Cilantro, Classic Mexican Rice
- Panini** Cubano! Ham, Roast Pork, Dijonaise, Pickles, Swiss Cheese
- Pizza** Italian Sausage & Spinach Calzone!
- After School** Root Beer Floats!

## Wednesday April 17, 2024

- Breakfast Grill** Country Biscuits & Gravy, Crumbled Breakfast Sausage, Fried Cage Free Egg
- Fresh Organic Side** Cumin Roasted Baby Carrots
- Kitchen Table** Grilled Santa Maria Tri-Tip, Mashed Potatoes, Roasted Yellow Cauliflower, Chimichurri Sauce
- Global Adventure** Teriyaki Sticky Wings, Housemade Kim Chee, Steamed Jasmine Rice
- Panini** Smoked Turkey & Provolone Cheese, Pesto Aioli, Toasted Focaccia
- Pizza** Mexican Chorizo, Potato & Scallion, Avocado Crema Drizzle
- After School** Caramel filled Churro, Chocolate Pudding

## Thursday April 18, 2024

- Breakfast Grill** Bacon Breakfast Melt, Cage Free Egg, Cheddar Cheese, Toast
- Fresh Prepared Side** Curry Roasted Cauliflower
- Taste of India** Tandoori Chicken Skewers, Garlic Pita, Tatziki Sauce, Carrot & Raisin Slaw, Scented Basmati Rice
- Street Food** 1/3 Pound Bacon Cheeseburger, Sesame Seed Bun, Special Sauce & Curly Fries
- Deli Creation** Bahn Mi Sandwich, Pickled Asian Vegetables, Sliced Roasted Pork Loin, Sriracha Aioli
- Pizza** Hawaiian Style, Ham & Pineapple
- After School** Salted Chocolate Pretzel Milk Shake

## Friday April 19, 2024

- Breakfast Grill** Loaded Breakfast Quesadilla, Crisp Bacon, Scrambled Eggs, Melted Cheese
- Fresh Organic Side** Garlic Bok Choy
- Kitchen Table** Teriyaki Chicken Bowl, Steamed Jasmine Rice, Garlic Chili Sautéed Kale, Orange Wedges
- Izakaya** Braised Pork Lo Mein, Sautéed Choi Sum, Vegetable Spring Roll, Fortune Cookie
- Panini** Philly Cheesesteak, Seasoned Sliced Steak, Sautéed Peppers & Onions, Creamy Cheddar Cheese Sauce
- Pizza** Three Cheese Pizza, Fresh Mozzarella, Feta, Parmesan, Basil
- After School** Strawberry Banana, Ice Cream Split

## Café Service Hours

**Breakfast hours: 7:30 am - 8:15 am**  
 Lunch hours: see daily schedule  
 PM Break: 2:30pm - 3:30pm

## Platillos Latinos - new items daily

MONDAY  
 Super Burrito Plate

TUESDAY  
 Quesadilla Del Dia

WEDNESDAY  
 Super Burrito Plate

THURSDAY  
 Quesadilla Del Dia

FRIDAY  
 Super Burrito Plate

## Go Greener!



### WHY THEY HELP

- Spinach is not just rich in vitamin C — it's also packed with numerous antioxidants and beta carotene, which may both increase the infection-fighting ability of our immune systems.
- Similar to broccoli, spinach is healthiest when it's cooked as little as possible so that it retains its nutrients. However, light cooking makes it easier to absorb the vitamin A and allows other nutrients to be released from oxalic acid, an antinutrient.

Source: <https://www.healthline.com/health/food-nutrition/foods-that-boost-the-immune-system#spinach>

## Menu Key

- Vegetarian
- Cage Free
- Free Range
- Gluten Free
- Grass Fed
- Organic

## Epicurean Group at Jesuit Marauder's Café

Executive Chef Ryan Satchwell [Ryan@epicurean-group.com](mailto:Ryan@epicurean-group.com)

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