

Sunday
March 12,
2023

9:00 am – 4:00 pm

Christian Brothers
High School
Gymnasium

4315 Martin Luther
King Jr Blvd,
Sacramento, CA
95830

Eligible: Ages 12 - 25

Cost: FREE

Parking: FREE

We need medical and
general volunteers for
this event.

Register in advance to
volunteer or to be
screened at:

[www.kylejtaylor.org/
screenings](http://www.kylejtaylor.org/screenings)



Free Youth Heart Screening

Help Prevent Sudden Cardiac Arrest (SCA) in
Sacramento Youth

**One in 300 youth have an undiagnosed heart
condition that puts them at risk for SCA**

#1 cause of death of student athletes

#1 cause of death on school campuses

We are hosting a Free Youth Heart Screening for the Sacramento community at Christian Brothers High School on Sunday, March 12, 2023. The screening is open to anyone 12-25 years of age at NO COST and registration is open now.

These screenings are so important! Regular check-ups and sports physicals miss about 85-90% of the issues that can cause SCA in children and young adults. Most conditions must be seen on an electrocardiogram (EKG) because they are structural or electrical issues that cannot be heard through a stethoscope. This is a simple test that records the electrical activity of the heart using small sticky electrode patches that are attached to the skin of the chest. EKG testing is quick and painless.

The screening includes cardiac risk assessment, EKG, and doctor review, which takes about 40 minutes to complete. To learn more about SCA in youth and what happens at the heart screening please visit www.kylejtaylor.org or contact **916-627-9533** or email rmccormac@ucdavis.edu.