

**Sunday
March 22
2026**

10am – 3pm

**Rio Americano
High School**

**4540 American
River Drive,
Sacramento CA
95864**

Ages 12 – 25

Cost: FREE

**Volunteer
physicians
needed**

REGISTRATION:



Free Youth EKG Heart Screening

- *One in 300 young people have a heart condition that puts them at risk for SCA*
- *#1 cause of death of student athletes*
- *#1 cause of death on school campuses*
- *23,000 people under 18 are struck by SCA annually in the United States*

Routine physicals miss about 85-90% of the issues that can cause SCA in children and young adults. An EKG is a quick, painless test that can detect heart issues that cannot be detected with a stethoscope. The screening should take about 40 minutes, and includes:

- ✓ **Cardiac risk assessment**
- ✓ **EKG**
- ✓ **Physician review of results**
- ✓ **Echocardiograms will be available**

Registration is open now at:

www.kylejtaylor.org

If you have questions, please contact Rebecca McCormac, Project ADAM Program Coordinator, at 916-627-9533 or rmccormac@health.ucdavis.edu.

Heart screenings help identify potential concerns but are not definitive. Results may occasionally be incorrect, meaning a condition could be missed or suggested when it is not present. Participants are encouraged to discuss results with their primary care provider.