

**Sunday  
March 22  
2026**

**10am – 3pm**

**Rio Americano  
High School**

**4540 American  
River Drive,  
Sacramento CA  
95864**

**Ages 12 – 25**

**Cost: FREE**

**Volunteer  
physicians  
needed**

**REGISTRATION:**



## **Free Youth EKG Heart Screening**

- *One in 300 young people have a heart condition that puts them at risk for SCA*
- *#1 cause of death of student athletes*
- *#1 cause of death on school campuses*
- *23,000 people under 18 are struck by SCA annually in the United States*

**Routine physicals miss about 85-90% of the issues that can cause SCA in children and young adults. An EKG is a quick, painless test that can detect heart issues that cannot be detected with a stethoscope. The screening should take about 40 minutes, and includes:**

- ✓ **Cardiac risk assessment**
- ✓ **EKG**
- ✓ **Physician review of results**
- ✓ **Echocardiograms will be available**

**Registration is open now at:**

**[www.kylejtaylor.org](http://www.kylejtaylor.org)**

*If you have questions, please contact Rebecca McCormac, Project ADAM Program Coordinator, at 916-627-9533 or [rmccormac@health.ucdavis.edu](mailto:rmccormac@health.ucdavis.edu).*

*Heart screenings help identify potential concerns but are not definitive. Results may occasionally be incorrect, meaning a condition could be missed or suggested when it is not present. Participants are encouraged to discuss results with their primary care provider.*